



# Preventive travel notice to China

## Novel coronavirus

If you travel to **China**, take into account the following **recommendations** to prevent contact with the **novel coronavirus** (COVID-19), which circulates in the world since December 2019.

**During the trip**, take the following precautions:

- **Wash you hands** frequently with soap and water or use **70% alcohol based gel** solutions.
- **Cover your nose and mouth when coughing** or sneezing, use disposable tissue to do so, or you can also use the internal angle of the arm.
- **Avoid raw food** and drink disinfected or commercially bottled water.
- **Avoid crowded places** or events with high attendance.
- Avoid contact with **sick people**.
- Avoid contact with **live or death animals**, avoid visit animal markets.
- If you cannot avoid some of these situations, **use mouth covers** and ensure they cover both nose and mouth.
- If you get sick during your stay in China, **seek medical assistance** immediatly, avoid self-medicating

**For any questions**, call **800-0044-800**, you will be attended by trained personnel of the Ministry of Health.



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